WRESTLER AND PARENT HANDBOOK



auburndale apache wrestling club

2018-2019

R.E.S.P.E.C.T

Responsibility, Earnestness, Strength, Passion, Emotion, Confidence, Triumph

The purpose of the AAWC shall be to:

- *Promote and support the sport of wrestling in Auburndale, Wisconsin at all levels.
- *Develop amateur athletes for competition
- *Serve as a support for the wrestling sport in all Auburndale, Wisconsin schools.
- * Provide a safe and welcoming environment in the form of:

Educational training

Coaching

Team competition

Tournament competition

It is the goal of the Auburndale Apache Wrestling Club to promote good sportsmanship, give instruction in strong fundamental competitive wrestling skills, promote and develop a good competitive spirit, develop a cohesive team unit and promote friendship and respect for others, among wrestlers and others.

AAWC PRACTICES

High School

First Offical Practice: Nov 12, 2018

Times/Days: M-F (3:30 – 5:30 PM)

Middle School

First Offical Practice: Nov 12, 2018

Times/Days: M-F (3:30 – 5:30 PM)

Youth (Ages $PK - 2^{nd}$)

Wrestling Room

First Offical Practice: Dec 4, 2018

Times/Days: Tuesdays & Thursdays (5:45 – 7:00 PM)

Youth (Ages $3^{rd} - 5^{th}$)

HS Cafeteria

First Offical Practice: Dec 4, 2018

Times/Days: Tuesdays & Thursdays (5:45 – 7:00 PM)

AAWC CONTACTS

2018-2019 Officers and Board Members

President: Jana Becker - (715) 305-3849

Vice President: Amanda Welch - (616) 422-8575

Secretary: Chris Ledden - (715) 650-7547

Treasurer: Vicky Raab - (715) 897-3398

auburndalewrestlingclub@gmail.com auburndalewrestlingclub@gmail.com auburndalewrestlingclub@gmail.com auburndalewrestlingclub@gmail.com

2018-2019 Coaches

John Karl – High School – (715) 305-4563 Nate Weiler – Youth/Middle School – (715) 630-4019 Jason Welch - Youth/ High School – (616) 510-8590 Heith Novitzke – Middle School – (715) 305-1149

AAWC COMMITTEES

Volunteers are essential to the success of almost every wrestling club, team, and event. Volunteering is a great way to give back and offers in return a sense of pride and satisfaction. You do not have to know a lot about wrestling to volunteer. It is a bond that goes far beyond the sport.

At the End of the Year Banquet (2017-2018) a Parents were asked to sign up for a Committee to support primary club activities as needed. If you were able to sign up for a committee your help is greatly appreciated. If you were not able to sign up or are new to the AAWC we would love to have your help and support. Below are the list of committees with the responsibilities listed along with the Spokesperson and contact information for each:

Club Registration Committee:

Jason Welch – (616) 510-8590 <u>jason@valleyhearing.com</u>

Lead by Coach Jason Welch and responsible for preparing and running the Club Registration to be held in November/December. This committee is also responsible for singlets and gear. (Committee is Fulfilled)

Community Involvement Committee:

Jill Altmann – (715) 572-1692

Responsible for the oversight and execution of community service events: plan and schedule community service events, maintain calendar of community service events, record service hours earned by participants and members and other tasks deemed necessary. It is requested that the Committee provide a proposed Calendar of Community Service Events at each monthly meeting.

"Earn Your Way"/Volunteer Committee:

Dan Kundinger – (920) 284-7341 <u>dkund12@hotmail.com</u>

Responsible for recording volunteer hours earned by participants and members and tracking and awarding dollar value vouchers for the "Earn Your Way" program. Committee is requested to provide a monthly A/P budget for "Earn Your Way" vouchers earned.

(Committee is Fulfilled)

Fundraising Committee:

Jill Altmann — (715) 572-1692

Responsible for generating funds such as Community and Alumni Sponsorship/Donations. This committee is also responsible for coming up with and organizing unique and profitable fundraising events. Committee is requested to provide a Fundraising Committee report at each Monthly meeting. (Examples: Brat Fry and Music Fest)

Old-Timer's Tournament Committee:

John Karl - (715) 305-4563 jkarl@aubshools.com

Responsible for setting meeting dates as needed, take care of or designating various needs such as sponsorship, concessions, pre-registration, advertising, set up, registration and weigh-ins, runners, clean-up, awards and other tasks deemed necessary.

Social Media/Website Committee:

Ashley Hollar – (715) 305-1004 <u>ashley.megan@live.com</u>

Responsible for overseeing the primary social media outlets (i.e. Facebook) and make sure accurate information is posted. Committee will coordinate and outline content and update frequently. Suggest and implement opportunities which will increase communication with AAWC members, potential members and its community. Communicate important announcements, volunteer opportunities and relevant info to AAWC members. Promote upcoming events. Keep current the AAWC accomplishments and promote its success with wrestler photos. Committee is requested to provide a Social Media/Website outline at each Monthly Meeting.

Spirit Wear Committee:

Vicky Raab - (715) 897-3398 <u>vickyraab3238@gmail.com</u>

Responsible for keeping an inventory list of all on-hand apparel, obtaining officers approval to design and place spirit wear orders, distributing sold items, collecting money at time of sale, keeping all sales receipts for Treasurer, preparing a loss/profit report for the Treasurer. Committee is requested to provide a Spirit Wear Committee report at each Monthly meeting.

(Committee is Fulfilled)

Summer Camp Committee:

Jason Welch — (616) 510-8590 <u>jason@valleyhearing.com</u>

Responsible for setting meeting dates as needed, take care of or designating various needs such as instructors, preregistration, advertising, set up, registration, clean-up, instructor lunches and other tasks deemed necessary.

Year End Banquet Committee:

Jason Welch - (616) 510-8590 <u>jason@valleyhearing.com</u>

Responsible for planning/organizing the youth Year End Banquet: Menu, Location, Set up, Clean-up, Awards and other tasks deemed necessary.

(Committee is Fulfilled)

Youth Tournament Committee:

Jason Welch - (616) 510-8590 jason@valleyhearing.com

Responsible for setting meeting dates as needed, take care of or designating various needs such as sponsorship, concessions, pre-registration, advertising, set up, registration and weigh-ins, runners, clean-up, awards and other tasks deemed necessary.

AAWC "EARN YOUR WAY"

AAWC appreciates each and every one of our volunteers. It goes without saying that Volunteers do not necessarily have the time; as we're all busy, but they have the heart! Each little effort put in makes an impact on the success of our club so thank you!

With that being said, the AAWC is asking each family to submit a \$25 check made payable to the AAWC at the Wresting Club Registration to be held in next Month. This \$25 check is to ensure that each family volunteer's time to help make the club be successful and keeps wrestling free to all of our wrestlers! In order to receive your \$25 deposit back at the end of the wrestling season, we ask that each family donate 3 hours of time towards an event that will improve the success of the AAWC. After volunteering your 3 hours and returning your wrestler's singlet at the end of the season, your check will be destroyed/returned.

As a way to further our wrestlers' future in the sport, the AAWC has decided to implement a program, "Earn Your Way". After the families have volunteered the initial 3 hours, the Earn Your Way Program will begin.

The Earn Your Way Program will work as such:

10 YEAR OLD WRESTLERS and YOUNGER: For every hour volunteered by the wrestler AND a helper (13 years of age or older), the wrestler will earn a \$2 credit. ONLY wrestlers and one helper per event are allowed to earn "Earn Your Way" credits for the wrestler. (This program is designed as a way to encourage our youth to work towards and earn credits towards wants and needs within the sport. We encourage all other family members to be active if time allows them to do so, but only the wrestler and one other person may earn on the wrestler's behalf).

11 YEAR OLD WRESTLERS and OLDER: For every hour volunteered by the wrestler, the wrestler will earn a credit of \$2. ONLY wrestlers are allowed to earn Earn Your Way Credits for the wrestler. (Again, this program is designed as a way to encourage our youth to work towards and earn credits towards wants and needs within the sport. It is important to teach our kids that hard work, aside from the physical aspect, can help advance their future not only in the sport of wrestling but in life as a whole. As before, we encourage all other family members to be active if time allows them to do so, but only the wrestler may earn on the wrestler's behalf).

The max Earn Your Way credits allowed per wrestler is \$50. This \$50 can be used towards tournaments, USA card, Wrestling Gear, Wrestling Camps, AAWC clothing and any other approved wrestling related expense. "Earn Your Way" credits will be issued quarterly. In order to receive the credit the "Earn Your Way" Request Form will need to be filled out with all required information and submitted before the next quarterly disbursement. All checks will be made payable to the event/organization in which the wrestler is purchasing from. If an item/event is purchased between the quarterly disbursements and is paid for by the wrestling family an "Earn Your Way" Reimbursement Form will need to be filled out and a copy of the receipt will need to be submitted if seeking reimbursement (Must be approved by board members). In that instance, the check will be made payable to the wrestling family. All credits not used by the end of the 2018- 2019 Wrestling Season will be used for the upcoming youth individuals in the following year.

AAWC "EARN YOUR WAY" REIMBURSEMENT FORM

Fill out the form below completely. All receipts should be attached to the form and submitted to an AAWC board member.

Date:			
Wrestler's Name:			
Event/Item:			
Phone:			
Email:			
Check Payable to:			
Address			
City/State/Zip			
Description of Purchase			Amount
			· -
		Total	
	Treasurer	Use Only	
Check Number:	Amount:		Date:
Approved by:			

AAWC "EARN YOUR WAY" REQUEST FORM

Fill out the form below completely. and submitt to an AAWC board member no later than one week before the quarterly disbursement.

Date:				
Wrestler's Name:				
Event/Item:				
Phone:				
Email:				
Check Payable to:				
Address				
City/State/Zip				
Description of Purchase				Amount
		Total		
	Treasurer	Use Only		
Check Number:	Amount:		Date:	
Approved by:				